

### Overview

The Moses Cone Health System Inpatient Rehabilitation Center has been serving the community for over 20 years. Our Spinal Cord Program provides an individualized, comprehensive approach to spinal cord rehabilitation. During fiscal year 2007, we served 53 spinal cord injury patients.

The average age of the patients was 57. The average length of time spent in the Center was 17 days. A physician specializing in physical rehabilitation oversees each patient's program. All patients receive 24-hour rehab nursing care and a combination of therapies. Patients in the Spinal Cord Rehabilitation Program receive a minimum of 4 hours of therapy per day, five days a week, with additional therapy on the weekends.

The ability to return home and the community is an important outcome. The Moses Cone Health System Spinal Cord Program exceeds the national average for discharges back to home and the community.

| Measure                              | MCHS | National |
|--------------------------------------|------|----------|
| <b>% Discharged to the Community</b> | 81%  | 75%      |

### Independence

Regaining independence is a primary focus in rehab. Patients served in the Moses Cone Health System Spinal Cord Program experience more functional recovery per day than the national average for rehab centers.

| Measure  | MCHS | National |
|--|------|----------|
| <b>Average Length of Stay Efficiency</b><br><i>(Measure of Daily Progress)</i> | 2.4  | 2.0      |

### Patient Satisfaction

Patient Satisfaction is also an important outcome. Following discharge, patients are asked to complete a satisfaction survey. In 2007, our patients who received care at the Moses Cone Health System Inpatient Rehabilitation Center rated their overall satisfaction at 85.7% and their willingness to recommend services at 90.1%

***For additional information about outcomes or our Rehabilitation Programs, please contact our Admissions Coordinator at 336-832-8153.***