



Know Your Options

Save time and money by choosing the right place for your care.



Video/Phone Visit



e-Visit



InstaCare



Primary Care



Urgent Care



Emergency

	Video/Phone Visit	e-Visit	InstaCare	Primary Care	Urgent Care	Emergency
Hours	Access to board-certified physicians 24/7/365 Any location; nationwide connectnow.conehealth.com 1-877-957-7941	7 days a week, 8AM to 8PM connectnow.conehealth.com 1-877-957-7941	Register online or walk-in for a same-day, face-to-face visit with clear costs. instacarecheckin.com	5 days a week 8AM to 5PM* Please make an appointment with your doctor's office.	7 days a week Extended hours	24/7/365 <i>If you have a life-threatening injury, illness or trauma, always call 911.</i>
Time	10 MINUTES	60 MINUTES	15 MINUTES	60 MINUTES	90 MINUTES	240 MINUTES
Cost	LESS THAN \$50	NO MORE THAN \$30	AROUND \$70	LESS THAN \$50**	APPROXIMATELY \$150**	MORE THAN \$500**
Examples	<ul style="list-style-type: none"> • Colds, fever, earaches, sore throats • Small cuts, bruises or burns • Sprains and strains • Urinary /bladder infections, • Minor skin conditions • Headaches • Upset stomach, diarrhea 	<ul style="list-style-type: none"> • Sinus symptoms, Cough, Allergies • Urinary symptoms, Vaginal symptoms • Flu symptoms • Tick bite, Poison Ivy, Insect Sting • Shingles, Rash, Acne, Rosacea • Back Pain • Diarrhea, Heartburn, Nausea & Vomiting • Head Lice, Scabies, Cold Sore • Swimmer's Ear • Stye, Red Eye • Burns • 18+ patients only 	<ul style="list-style-type: none"> • Allergies • Annual screenings • Flu shots • Flu • Eye infections • Migraines • Minor burns, cuts and rashes • Simple removal of foreign objects from eye, ear, nose and skin • Sinus symptoms • Sprains and strains • Stomachaches • Urinary tract infections 	<ul style="list-style-type: none"> • Annual screenings • Flu shots and vaccines • Flu • Accidents/falls • Eye infections • Migraines • Minor burns, cuts and rashes • Simple removal of foreign objects from eye, ear, nose and skin • Sprains and strains • Stomachaches • Urinary tract infections 	<ul style="list-style-type: none"> • Accident/Falls • Allergies • Back strains • Bone fractures • Colds, coughs, earaches and flu • Eye infections • Migraines • Minor burns, cuts and rashes • Simple removal of foreign objects from eye, ear, nose and skin • Sprains and strains • Stomachaches • Urinary tract infections 	<ul style="list-style-type: none"> • Broken bones • Coughing or vomiting blood • Chest pain • Deep cuts/lacerations • Difficulty breathing • Intense abdominal pain • Loss of consciousness • Seizures • Suicidal thoughts • Stroke symptoms, including sudden arm or leg weakness and facial drooping • Uncontrollable bleeding • Unexpected vision changes



For 24/7 advice on where to get the best care for your non-emergency health needs call our **Nurse Advice Hotline** Toll Free **833-868-CONE** or visit [conehealth.com/rightcare](https://www.conehealth.com/rightcare).

*Some practices are open Saturdays and evenings.

**May vary based on your insurance coverage.