With Symptoms of a Heart Attack or Stroke
Do Not Let Concern About COVID-19 Prevent You From Taking Immediate Action

Delays in care for heart attacks and stroke are life threatening.

Call 911 immediately.
Don’t drive. Calling quickly can save a life.

Cone Health care teams and emergency response teams in our region provide life-saving heart attack and stroke care. Our care teams and EMS partners are using screening processes and precautions to prevent the spread of COVID-19.

HEART ATTACK SYMPTOMS
• Chest or arm pressure, squeezing, fullness or pain lasting more than a few minutes or that comes and goes
• Pain or discomfort in one or both arms, back, neck, jaw or stomach
• Shortness of breath with or without chest discomfort
• Nausea, indigestion, sweating, light headedness or unusual fatigue

STROKE SYMPTOMS
• Sudden loss of balance or coordination.
• Sudden change in vision.
• Sudden weakness of the face.
• Sudden weakness of an arm or leg.
• Sudden difficulty speaking.

With any of these symptoms, call 911 immediately. Cone Health is nationally recognized for excellence in stroke and heart attack care.

FOR NON-URGENT CARE SCHEDULE A VIRTUAL VISIT
If you have a cardiovascular or neurological care question or concern that is not an emergency, please contact your doctor’s office. We can schedule a call or video visit with your doctor that is billed to insurance just like a regular office visit. During the COVID-19 pandemic, we don’t want you to delay seeking care and we’re here for you.