



Employee Assistance Counseling Program

Caring for Each Other

The Cone Health Employee Assistance Counseling Program (EACP) is a free employer-provided service. Services include: assessment of problems; counseling for individuals, couples or families; counseling for adults, adolescents or children; or referral to other specialized services. All services are confidential and professional; they are not noted in any employee records or shared with managers.

We have three locations:

Burlington

Grand Oaks Center
1238 Huffman Mill Road
Burlington, NC 27215

Reidsville

618 S. Main Street
Reidsville, NC 27320

Greensboro

600 Green Valley Road
Suite 204
Greensboro, NC 27408



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For Information, Appointments, or
Crisis Assistance contact us:
Phone: 336-538-7481 or 877-800-9401
Email: eacp@conehealth.com
conehealth.com/eacp





Get Help with Life's Challenges

Maintaining healthy relationships is important. Your employer understands the importance of supporting your whole health and having access to a confidential, expert resource to help you manage life's challenges.

Our counseling professionals take the time necessary to help you identify and clarify your concerns, explore potential options and connect you with additional beneficial services, as needed.

Relationships

Everyone has a need for relationships with others. Relationships can be dynamic and vary – they can be professional, personal or romantic. Regardless of the type of relationship, at times, they can be complex and tough to manage.

Benefits of cultivating **healthier relationships**

- Improving your quality of life
- Providing the ability to share burdens
- Promoting emotional safety and security
- Contributing to overall self-esteem
- Increased enjoyment of life
- Recognizing the need for acceptance and forgiveness



If your relationships are more than you can handle on your own, contact an Employee Assistance Counseling Program (EACP) counselor 24/7 at 336-538-7481 or 1-877-800-9401 (toll-free).

How much will it cost?

EACP is a benefit provided to you and your eligible family members at no cost. If a counselor refers you to additional services, beyond what is provided by your EACP, you may be responsible for the cost of those services.

