I am proud to be a Cone Health nurse because...
2015 was another exceptional year for our nursing team! Our annual report highlights many of these accomplishments, which demonstrate all of the American Nurses Credentialing Center Magnet® forces: Transformational Leadership, Structural Empowerment, Exemplary Professional Practice, Empirical Outcomes and New Knowledge, Innovations and Improvements.

We started 2015 by celebrating the selection of 34 of our registered nurses as Great 100 nurses. Our transformational leaders went on to get numerous awards across our state, region and nation. Our nursing team shared their expertise by presenting lectures, writing articles and publishing books for our community, state, nation and even abroad in numerous countries.

In 2010, the Institute of Medicine (IOM) report cited improved patient outcomes when care is delivered by nurses educated at the Bachelor of Science degree level or higher. This report challenged the nursing profession to reach 80 percent BSN (Bachelor of Science degree in nursing) by the year 2020. In 2015, we reached 74 percent of our staff receiving their BSN degrees or higher.

We had the great fortune of having Theresa Brodrick, PhD, RN, as our Chief Nursing Officer from 2011 to 2015. One of Theresa’s goals was the development of an infrastructure to support all nurses who aspire to advance their nursing education. She partnered with Lisa Boland, DNP, RN, to create the REACH (RN Educational Advancement for Cone Health) program. This scholarship fund provides financial support for our nurses to return to school to gain their BSN degree or higher. While Theresa left our system in December 2015 to follow her aspirations, we will continue to support the REACH program on our journey to reach 80 percent BSN by 2020.

Another challenge for our nursing team to reach exemplary professional practice is for each eligible RN to become certified in their specialty practice. Again 2015 was an amazing year. We celebrated that 37 percent of eligible staff are certified, above the national mean of 35 percent.

Patient care outcomes are another highlight this year. We improved care in many areas by reducing hospital-acquired infections such as Catheter Associated Urinary Tract Infections, Methicillin Resistant Staph Aureus infections, Surgical Site Infections and Pressure Ulcer Prevalence. These incredible results for our patients occurred through intense work with the entire interdisciplinary team. Our examples of New Knowledge, Innovation and Improvements all focus back on our patients!

This annual report highlights a few of the incredible outcomes of our 2015 nursing journey. While we celebrate our successes, we also recognize each success poses a challenge for each subsequent year. Our inspired team is committed to top-level performance, rapid improvement and innovation. As the interim CNO, I say thank you to each nurse, each team member and each leader. You are making a difference each day for every patient, every time and everywhere!

Sincerely,

Deborah Grant, RN, MSN, CENP
Interim Chief Nursing Officer
Transformational Leadership

Three Outstanding Nurses Recognized

Denise Rhew, PhD, RN, CNS, CEN, has been named the Practice Nurse of the Year by the North Carolina Nurses Association. The annual award is given to the practice nurse who excels in providing innovative nursing care, has a track record for demonstrating knowledge in his or her practice area, and is a positive role model for patients and peers.

Rhew is a system-wide clinical nurse specialist for the Emergency Department.

Melissa Morgan, RN, BSN, CIC, received the Practitioner of the Year award from the Association for Professionals in Infection Control and Epidemiology of North Carolina (APIC-NC). The award recognizes an APIC-NC member who has made noteworthy contributions to the practice of infection control in the categories of education, research or patient safety.

Morgan is the hospital-acquired infection (HAI) project manager for Cone Health, where she uses her expertise to educate staff, facilitate change and solve problems. Morgan is the APIC-NC membership chair.

Stacey Toben, RN, MHA, BSN, CPEN, has been named the 2015 Nurse Manager of the Year by the North Carolina Emergency Nurses Association (NCENA). This award is given annually to a nurse in an emergency management role who has consistently demonstrated excellence and made significant contributions to emergency nursing.

Toben is the director of the Emergency Department at MedCenter High Point. She is president of NCENA’s Piedmont chapter.

Karen Resh, DNP, RN, MBA, MHA, BSN, CEN, was named Cone Health’s first Nurse Leader Fellow for a one-year period, from April 1, 2015, to April 1, 2016, during which time she will continue in her role as director of the Emergency Department at Wesley Long Hospital.

The new fellowship will provide Resh an opportunity to experience and acquire a comprehensive view of Cone Health. She will actively participate in operations and strategic initiatives with the chief nursing officer, as well as the vice presidents of nursing and other senior leaders.

The nursing executive team developed the fellowship in order to provide a nurse leader the experience needed to seek a career in advanced nursing leadership while gaining skills in strategic thinking, risk-taking and visionary role modeling.

Three Earn DNP Degrees

Lisa Boland, DNP, RN, NEA-BC, earned her DNP degree from American Sentinel University. She is manager of nursing outreach and retention at Cone Health.

Sarah Lackey, DNP, APRN, CCNS, earned her DNP degree from The University of Alabama. Lackey is Cone Health’s Magnet® Program coordinator.

Karen Resh, DNP, MBA, MHA, BSN, CEN, earned her DNP degree from American Sentinel University. She is the director of the Emergency Department at Wesley Long Hospital.

Two Win 40 Under Forty Award

Two exceptional Cone Health leaders were recognized for their contributions at work and in our communities.

Dennis Campbell, RN, MS, BSN, NEA-BC, vice president of nursing/patient services of Behavioral Medicine Services, and Waqiah Ellis, RN, MSN, NE-BC, director of nursing/patient services at Moses Cone Hospital, received the “40 Leaders Under Forty” award sponsored by the Triad Business Journal.

In addition to leading our very successful United Way campaign in 2014, Campbell continues to show others how to set goals and achieve them. An excerpt from his nomination states he “leads by wearing his heart on his sleeve and inspiring his colleagues to be leaders in action for all the right reasons.”

In addition to her many achievements, Ellis’ nomination also noted her electric personality, which is often captured in pictures: “She’s the one with the widest smile, head held high and arms outstretched to embrace her colleagues in sheer joy for the work they are accomplishing together.”
Cone Health Leader Selected for 2015 Fellows Program

Sue Pedaline, DNP, RNC, MS, vice president of nursing/patient services at Women’s Hospital, was one of eight national leaders selected for the 2015 class of The Academy GE Fellows Program for Nurse Executives. The program is exclusively for high-potential leaders of the nation’s largest health systems.

Participants in the program are described as “up and comers” within the organization, are committed to leadership with a track record of success, have corporate-level responsibility, show motivation for continued growth and are identified by their health system as being on track for progressively responsible positions.

Pedaline is known for her many accomplishments, including increasing exclusive breastfeeding rates at Women’s Hospital to 55 percent and increasing breastfeeding initiation rates to 92 percent, which exceeds the national rate.

Queen Named 2015 Triad Nurse of Distinction

Chad Queen, RN, was selected as the 2015 Triad Nurse of Distinction and honored during a National Nurses Week luncheon. Queen works in the Emergency Department at Wesley Long Hospital.

The News and Record, Triad Careers and the North Carolina Nurses Association sponsor the recognition program. Nominations come from patients or their family members, co-workers, or others inspired by a nurse’s compassion and dedication to patient care. Queen’s nomination demonstrated how he contributes to the strategic priorities of the organization in caring for our patients, each other and our communities.

McNichol Received Society’s Highest Honor

Laurie McNichol, RN, MSN, GNP, CWOCN, CWOC, received the Wound, Ostomy and Continence Nurses Society’s® highest honor, The President’s Award. McNichol is a system-wide wound ostomy-continence nurse at Wesley Long Hospital and co-author of the textbook “Wound, Ostomy and Continence Nurses Society Core Curriculum: Wound Management.”

The Society describes the book as “the crucial text for nurses practicing or studying wound care. It offers pathology and physiology basics in easy-to-grasp terms, while providing expert guidance on patient management. The perfect study guide for the wound, ostomy and continence certification exams, it also provides step-by-step direction on essential nursing procedures.”

Structural Empowerment

Forensic Nursing Program Expands With New Treatment Facilities

When Greensboro’s new Family Justice Center opened its doors to victims of domestic and sexual violence in June 2015, a specially trained group of Cone Health nurses was among those ready to help.

For the first time, victims had access to medical care from Cone Health’s Forensic Nursing team as well as help from law enforcement, legal aid, children’s services and more — all under one roof. The new center was created to help victims get whatever help they need — from treatment for injuries, to testing for a sexually transmitted disease, to a restraining order. Seventeen different agencies are housed at the new center, one of 100 such centers in the country and among the largest on the East Coast.

The Forensic Nursing team treats patients in a dedicated area of the center weekdays from 8 a.m. to 5 p.m. At other times, patients are cared for in separate and secure rooms at Alamance Regional Medical Center, Annie Penn Hospital, MedCenter High Point, Moses Cone Hospital and Wesley Long Hospital.

Cone Health has a long tradition of providing specialized nursing care for victims of violence. It began in 2001 with the Sexual Assault Nurse Examiner or SANE program. As the nurses began to treat patients, they saw an overlap with domestic abuse cases and expanded their services to these victims as well.

Before forensic nursing programs were available, victims could spend hours in emergency department waiting rooms if their injuries were not life-threatening. Only a few returned for follow-up care.

The team treats three to five patients a day, on average.

The Forensic Nursing team has also taken a lead in bringing together people in the community who care for and support victims of violence. The second annual Forensic Trends Conference was held in June 2015 for health care professionals, law enforcement, investigators and crisis workers to learn about the latest practices when working with victims.
On-Campus Cohorts Continue to Increase RNs to BSNs

The University of North Carolina at Greensboro, Winston Salem State University and the North Carolina Agricultural and Technical State University schools of nursing continue to offer RN to BSN courses on the Moses Cone Hospital and Alamance Regional Medical Center campuses. The programs use a blend of independent learning activities, web-based activities and traditional instructional strategies, allowing registered nurses to complete required courses within two years.

These programs have been instrumental in increasing the rate of BSNs at Cone Health to nearly 74 percent, up from 47 percent just five years ago.

Nursing Certifications Continue to Surpass Goal

The number of nurses holding national nursing certification has continued to increase at a steady pace across the Cone Health network and has consistently exceeded the goal year after year.

REACH Program Continues to Contribute to Knowledgeable Nurses

The REACH (RN Educational Advancement for Cone Health) Scholarship Loan program, established in 2011 by Cone Health nursing leaders, provides up to $6,000 for each qualifying nurse who pursues higher nursing education. There are more than 100 scholarships at Cone Health now, twice the number available last year. Since the program’s inception, nearly 300 nurses have participated, with nearly 60 of them having received their BSN, MSN or DNP degrees. Program participation continues to expand.

The REACH Scholarship program provides funding for RNs seeking BSN, MSN and doctoral degrees in nursing. Combined with the organization’s tuition reimbursement structure, and some potential campus-based funding, many RNs have advanced their education with considerable financial support. Currently there are 19 Cone Health RNs enrolled in doctoral programs.

Program Opens the Door to Nurse Techs

Nurse techs provide entry-level nursing care, but often basic nurse tech education does not prepare them for work in acute care settings. Having these skills can strengthen candidates’ job applications for acute care settings.

This year, Cone Health designed and implemented its inaugural four-week Nurse Tech Academy, which teaches nurse tech skills tailored to the acute care environment.

The program has a strong focus on caring for older adults. Participants are NT+3s upon completion. That means they’ve gained three additional skills as Cone Health employees: sterile technique, IV care and Foley care.
Shared Governance Strengthens Ambulatory Areas

Due to an emphasis on ambulatory care and an increased utilization of these services, Cone Health had an opportunity to strengthen the ambulatory arm of our network. Nurses have been at the table in a vital way during this process.

By extending the Shared Governance structure to the ambulatory care environment, Cone Health has ensured nurses are collaborative partners in decisions made regarding patient care.

The Shared Governance Council for Ambulatory areas started small as a subgroup of the Joint Service Practice Quality Council, the system-wide nursing Shared Governance body. Before long, the group established a regular and predictable meeting time, and soon grew from the original five members to more than 20.

The Ambulatory Council has accomplished numerous key initiatives. Council members have ensured ambulatory areas are in line with practices across the network, such as fall prevention measures, allergy identification, and use of arm bands as identifiers and signals for at-risk patients. They have successfully bridged the system’s electronic medical record so that ambulatory areas can see inpatient information, resulting in more complete and comprehensive care for patients. The Council also ensures that ambulatory areas are part of the whole process in the continuum of care, as in Emergency Department throughput. It has contributed directly to solutions related to patient care, health care communication, interdisciplinary collaboration and communication, and improvements in throughput.

Ambulatory Council representatives are now invited to serve on the Professional Development Council (Nursing), and the Policy and Procedures Committee.

Serving the Needs of Spanish-Speaking Residents

Registered nurses at Behavioral Health Hospital discovered a gap in the mental health services being provided to a growing Spanish-speaking population and took action in a number of ways:

- Registered nurses compiled a list of Spanish-speaking resources for counseling, therapy and mental health support groups in Greensboro.
- Adult Unit Shared Governance arranged to have the Behavioral Health Hospital adult unit patient handbook translated into Spanish.
- The Behavioral Health Hospital Fall Prevention Committee translated the Fall Risk Plan into Spanish.
- With the aid of a translator, a registered nurse taught CPR to a Spanish-speaking group of community residents.
- Child/Adolescent Shared Governance had the child/adolescent patient handbook and workbooks translated into Spanish.

The registered nurses have a number of future projects in the works, including translating both the Adult and Child/Adolescent Unit daily workbooks into Spanish and using iPads with translation apps.

Supporting Nursing Education

Cone Health nurses and other health professionals will soon train in one of the most advanced simulation labs anywhere at Greensboro’s downtown Union Square Campus. A joint venture of Cone Health, the University of North Carolina at Greensboro, North Carolina Agricultural and Technical State University and Guilford Technical Community College, the $35 million project will also host regional and national health conferences in a 350-seat auditorium.

The building will contain classrooms, labs and offices for nursing education at every level – two-year associate degree, RN to BSN and accelerated BSN programs, Doctor of Nursing Practice, and continuing education certificate programs. By housing programs together, the four partners can share lab space and equipment at a significant cost savings.
Heart Failure Clinic Created
Advanced practice nurses at Cone Health collaborated with physicians to develop a strategy to help lower readmission rates and better care for heart failure patients on an outpatient basis. Their innovative work led to the creation of the Heart Failure Clinic.

The interdisciplinary approach of the clinic has redesigned care for heart failure patients. Nursing plays a key role, keeping patients active in the community. The provider team consists of registered nurses, cardiologists, a clinical social worker and a paramedic who checks on patients in their homes if needed.

Empowering patients through good nursing care and education are the foundations of the Heart Failure Clinic. A simple conversation about how involved a patient wants to be with his or her care can change the way the clinic supports that patient’s management. Patients who are properly educated about their disease management, socially supported in managing their care, and have their medications closely titrated achieve better outcomes. The efforts of the clinic have significantly reduced hospital readmissions.

Record Number of Cone Health Nurses Named Great 100
In 2015, 34 of the Great 100 Nurses in North Carolina were Cone Health nurses. This marks the fifth consecutive year Cone Health has had the highest number of Great 100 in North Carolina – a record.

The Great 100 Nurses in North Carolina recognizes nurses for their professional ability and for the contributions they make to improve health care in their communities. The nurses are nominated by their peers and selected through a blind process.

Magnet® Showcase Draws Nearly 300 Nurses
More than 60 units and groups from across Cone Health, including outpatient and ambulatory departments, shared their patient care initiatives and research at the 2015 Magnet® Showcase. The day of celebration, science, engagement and connection drew 283 participants.
The nursing team at Alamance Regional Medical Center began their journey toward achieving Magnet® status in 2015. The hospital’s application will be submitted in 2017 at the same time Cone Health submits its application for its fourth network designation.

The Alamance Regional team spent a day having fun, learning new skills and being inspired, all with the ultimate goal of improving the safety, quality and satisfaction of patients and staff at their campus.

Cone Health was the first five-hospital system in the Southeast to be awarded Magnet® Recognition for Excellence by the American Nurse Credentialing Center. The honor was given in 2005, and renewed in 2009 and 2014.

From left: Greg Berney, MSW, and Sarah Clark, RN, MSN, CCRN, CHSE, presented “Patient-Centered Simulation Strengthening Collegial Relationships” at the 2015 National Magnet® Conference. Berney is the director of patient engagement and Clark is the coordinator of the Simulation Center.

Michael Nanney, RN, BSN, RRT, CPAN, CCRN, presented “Keeping the Magnet® Fire Burning After Designation” at the 2015 National Magnet® Conference. Nanney works in the Post Anesthesia Care Unit at Wesley Long Hospital.

Hip fractures are a growing problem in the United States with more than 300,000 occurring annually. Ninety percent of hip fractures in the elderly are due to falls, and mortality rates range from 10 to 35 percent within the first year after the fall.

In September 2014, orthopedic nurses led an interdisciplinary initiative to improve Cone Health’s performance in the area of hip fracture major complications, complications and death. The initiative was based on the Trauma Quality Improvement Program® (TQIP) database maintained by the American College of Surgeons.

Engaging hospitalists, nursing teams and orthopedic surgeons, along with pharmacists, speech therapists, physical and occupational therapists, anesthetists, social workers and palliative care professionals, the group developed an evidence-based protocol. The protocol created consistent interdisciplinary interventions to address and prevent complications that lead to morbidity and mortality risks in hip fracture patients. Use of the Iowa Model and Plan-Do-Study-Act helped guide the team’s work.

The hip fracture pathway has reduced mortality and major complications through five major methods:

1. Preventing delirium events by reducing narcotic exposure on the unit and in the PACU.
2. Reducing/standardizing urinary catheter use to avoid urinary tract infections.
3. Optimizing communication preoperatively to expedite getting patients safely and quickly to surgery.
4. Decreasing aspiration events with aggressive speech therapy protocols.
5. Involving palliative care experts early for symptom management when appropriate, both in surgical and nonsurgical cases.

The result was a decrease in variability of treatment and subsequent improvement in patient outcomes, including mortality. Implementation has resulted in a considerable decrease in hip fracture mortality and complications, placing Cone Health in the 90th percentile on the TQIP database.
A Standardized Approach to Operating Room Nurse Report

Research demonstrates that clear and intentional communication in health care is essential for patient safety and a key element in decreasing medical errors. During Shared Governance meetings in Operative Services, nurses recognized a need to revise how nurse-to-nurse patient hand-off occurred in the operating rooms. With a commitment to patient safety and nursing excellence, the staff learned as much as they could about the different approaches to hand-offs, with a goal of increasing the continuity of care and decreasing the potential for errors.

The use of traditional hand-off tools widely used by nursing staff outside of the operating room was ruled out because they did not adequately share pertinent patient information related to the operative environment. The SWITCH tool, which is specific to OR hand-offs, also did not meet nursing needs and patient care flow. With an absence of relevant tools, Operative Services nurses created their own.

Based on staff feedback, the new hand-off tool allows for nurse autonomy regarding pertinent patient information without being too cumbersome to complete. It also helps maintain the flow and sequence of patient care. The tool encourages effective nurse-to-nurse communication by being universally standardized for all of our nine OR sites. It was successfully integrated into the existing electronic health record, making it easily accessible, measurable and user-friendly.

Reducing CAUTIs

Catheter Associated Urinary Tract Infections (CAUTIs) are responsible for increased patient mortality and morbidity, increased length of stay and higher cost of care.

Nurses at the Moses Cone Hospital 2Heart unit were determined to provide quality outcomes for their patients while driving down costs related to health care-associated infections. They implemented an evidence-based practice initiative to decrease the utilization of urinary catheters on their unit.

Starting with the Nurse Driven Foley Removal Protocol, which gives nurses parameters to make autonomous decisions about removal of catheters, the staff implemented a Foley Removal Pilot in November 2014 and successfully decreased the number of catheters in use on the unit. Unfortunately, the infection rate remained stubbornly high, despite the drop in catheter numbers.

The nursing staff doubled down on their efforts by:
- Holding catheter huddles.
- Conducting charge nurse rounds on patients with indwelling catheters.
- Providing catheter care every shift and as needed.
- Using only running water; no bath basins for catheter care.
- Eliminating bar soap.
- Using two nurses to insert the catheter.
- Not giving renal patients a catheter; no urine, no catheter.
- Joining the CAUTI quality team.
- Paying special attention to induced hypothermia patients.

The results were gratifying. After the changes were implemented in January 2015, catheter-associated infections dropped to zero in January, February, March and April 2015.

Improving Hand Hygiene

After a successful pilot at Annie Penn Hospital, Cone Health installed a new Hand Hygiene Compliance solution at nine units at Moses Cone Hospital, Wesley Long Hospital and Annie Penn Hospital. Eventually, the Hand Hygiene Compliance program will be implemented across all Cone Health hospitals.

The goal is to be the safest and healthiest place for both our patients and caregivers. Hand hygiene compliance is the No. 1 way to decrease the risk of hospital-acquired infections. This initiative is expected to:
- Increase hand hygiene compliance.
- Decrease hospital-acquired infections.
- Automate hand hygiene adherence.
- Improve clinical workflow.

The system works in concert with the Hill-Rom NaviCare Nurse Call system. Soap and sanitizer dispensers with sensors are placed in units that have the Nurse Call system, and this sensor captures caregivers’ hand washes (soap or sanitizer) throughout the unit. Electronic tracking to a central system keeps a record of compliance and records can be recalled. Dispensers in the hallway and in the patient rooms can be used to satisfy hand hygiene requirements.

Grand Rounds Attendance Has Increased

Since Cone Health initiated Nursing Grand Rounds in 2012, the attendance has steadily increased – from 249 attendees in 2012 to 789 attendees in 2015. Attendees include staff nurses, nursing leaders, nurse executives and nurse techs. Grand Rounds topics are varied – electronic documentation, fall risk scoring, hip fracture care, nursing workforce demographics, aromatherapy, pediatric patient needs and more.
New Knowledge, Innovations and Improvements

Lean Methodology Successfully Applied to Transport

Nurses became key players in the evaluation and redesign of work space, work flow, patient care and interdisciplinary collaboration through their trailblazing efforts in the system-wide implementation of the Lean process.

Wesley Long Hospital Telemetry/Urology nurses and an interdisciplinary team of leaders and participants spent a week scrutinizing every angle of patient care on the unit. Their first rapid improvement events looked at new processes for bedside reporting and hall pass completion for patient transport.

The early results were promising: the time spent in these two activities, as well as safety rounds and transport, was cut by at least 50 percent, with no effect on quality. Processes that have undergone subsequent scrutiny include care coordination, intentional rounding and reporting.

Cone Health Fall Prevention Improvements Highlighted at NICHE

From sharing best practices on how to reduce falls to information on improving hip fracture outcomes, four Cone Health nurses made podium and poster presentations at the 2015 Annual NICHE (Nurses Improving Care for Healthsystem Elders) conference.

This four-day event highlighted evidence-based innovations and research, and attracted chief nursing officers, advanced practice nurses and educators, and geriatric/gerontology specialists from across the nation. This year’s conference theme was “Innovation Through Leadership.”

In a podium presentation titled “A Bundled Approach to Fall Prevention,” two nurses addressed how Cone Health’s falls bundle is reducing falls among those most at risk.

In addition, two others had poster presentations at the conference. One poster was titled, “Delirium CSI: Comprehensive-Systematic-Interprofessional – Adopting an Educational Initiative to Impact Delirium.” The second poster title was “Improving Quality Outcomes in Hip Fracture Patients Through Development and Implementation of an Evidence-Based Protocol.” More than 800 participants attended the poster sessions.
Nurse Invents BEE Safe Clip

Cindy Beverly, RN, SN Orthopedics at Moses Cone Hospital, is a walking example of nursing innovation. Beverly was concerned about the safety issues associated with patients not being able to find their call bells. Given all the tangling and disarray that can occur with the many wires, tubings and cords that come into a patient bed, she was also concerned about falls.

During a routine shopping trip, she saw a laundry clip and had an idea for a type of safety clip that would hold the patient call bell. After working with a designer and a manufacturer, and persevering through months of details, expense and setbacks, she piloted her BEE Safe Clip on the Neuro/Trauma ICU unit. The nurses loved it.

The results? After implementation of the BEE Safe Clip in fall 2014, Beverly’s unit consistently reduced falls.

Florence Nightingale would be lost in today’s hospital. The pace of change and the impact of technology means nurses must constantly learn new skills. Keeping up with the latest ways of treating and preventing illness can be challenging.

That is why more than 300 nurses from across North Carolina attended the 4th Annual Nursing Research and Evidence-Based Practice Symposium, jointly hosted by Cone Health and Greensboro AHEC.

Guest speakers addressed coping with alarm fatigue – the cacophony of beeping and buzzing from contemporary medical equipment – and the use of big data in nursing. Most of the research presentations tackled today’s most practical health care issues. Poster and panel presentations showcased 44 topics ranging from improved ways of treating diabetes, hip fractures and heart failure, to preventing falls and premature babies. All of the research was presented in ways designed to meet the symposium’s goal of bringing research to the bedside.

Our Nurse Executives

Terri Andrews, RN, MBA
Executive Director, Quality Excellence
Anne Brown, RN, MSN, PCCN
Director, Nursing/Patient Services
Wesley Long Hospital
Dennis Campbell, RN, MS, BSN, NEA-BC
Vice President, Nursing/Patient Services
Behavioral Medicine Services
Catherine Cochran, RN, MSN, NEA-BC
Executive Director
Clinical Informatics
Mona Easter, RN, MBA, BSN, NE-BC
Vice President, Nursing/Patient Services
Annie Penn Hospital
Waqiah Ellis, RN, MSN, NE-BC
Director, Nursing/Patient Services
Moses Cone Hospital
Deborah Grant, RN, MSN, CENP
Interim Chief Nursing Officer
Carol Harris, RN, MHA, NE-BC, CCRN
Director, Nursing/Patient Services
Alamance Regional Medical Center
Karin Henderson, RN, MSN, CENP
Executive Director
Organizational Integration
Joan LoPresti, RN, MS, BSN, NEA-BC
Director, Nursing/Patient Services
Moses Cone Hospital
Sharon McCarter, RN, MHA, BSN, CNOR
Executive Director of Operative Services
Wayne McFatter, RN, RNFA, MSN, CNOR
Executive Director of Ambulatory Perioperative Services
Annette Osborne, RN, MSN, NEA-BC
Vice President, Nursing/Patient Services
Moses Cone Hospital
Cheryl Somers, RN, MSN, NEA-BC
Executive Director, Emergency Services
Sue Pedaline, DNP, RNC, MS
Vice President, Nursing/Patient Services
Women’s Hospital
Youland Williams, RN, MSN, NEA-BC
Vice President, Nursing/Patient Services
Wesley Long Hospital

Nursing Symposium Brings Research Results to the Bedside

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Cone Health is an integrated not-for-profit network of health care providers serving people in Alamance, Caswell, Forsyth, Guilford, Randolph, Rockingham and surrounding counties. Our tagline — “The Network for Exceptional Care” — highlights our commitment to excellence, which is shared by our more than 11,000 employees, 1,300 physicians and 1,200 volunteers.

As one of the region’s largest and most comprehensive health networks, Cone Health has more than 100 locations, including six hospitals, three ambulatory care centers, three outpatient surgical centers, four urgent care centers, a retirement community, more than 100 physician practice sites and multiple centers of excellence.

Alamance Regional Medical Center, a 238-bed medical and surgical hospital in Alamance County, joined Cone Health in May 2013. Specialized services include heart and vascular, cancer and women’s care as well as advanced imaging services and surgical services, among others. Our modern facility utilizes state-of-the-art equipment such as the da Vinci® surgical robot system.

Annie Penn Hospital has 110 acute care beds. This facility includes inpatient and short stay surgery centers, cancer care, heart care and specialty clinics such as a Sleep Disorders Center and an Endoscopy Center of Excellence.

Behavioral Health Hospital offers pediatric and adult inpatient crisis stabilization at an 80-bed facility. Outpatient care includes numerous group therapy programs as well as individual counseling and day programs. The hospital also offers the community a 24-hour hotline that provides access to trained mental health professionals. Three additional outpatient Behavioral Health Centers also are located in Greensboro, Kernersville and Reidsville.

Cone Health Medical Group is a physician-led network of specialty and primary care medical practices of more than 400 doctors and health care professionals at nearly 100 locations across the Triad. Cone Health Medical Group providers offer primary care medical services, including family medicine, internal medicine, obstetrics and gynecology, pediatrics and urgent care. Specialty care — such as cardiology, gastroenterology, orthopedics, pulmonology, rheumatology, oncology, endocrinology, urology and general surgery — is also available at many locations.

MedCenter Kernersville offers a full range of services, including family medicine, women’s health care, orthopedics, heart care, outpatient rehabilitation, behavioral health, and occupational health complete with on-site lab and imaging services. For those seeking immediate care, we offer an urgent care facility that is open seven days a week with minimal wait times.

MedCenter Mebane offers numerous services in a single location, including an outpatient surgery center; urgent, primary and cancer care; and services in the areas of ear, nose and throat, gastroenterology, imaging, radiology, lab, physical therapy, diabetes management, nutrition therapy, occupational health, ophthalmology/optometry, dermatology and plastic surgery.

The Moses H. Cone Memorial Hospital is our flagship. Moses Cone Hospital is a 517-bed teaching hospital and referral center. It includes a Children’s Emergency Department, Level II Trauma Center and centers of excellence in orthopedics, neurosciences, stroke, and heart and vascular care. North Tower opened in 2013 with 16 new operating rooms and all private patient rooms.
I am proud to be a Cone Health nurse because...